



Irish Tenpin Bowling Association

Alsa Open – Alsa Bowl
Jan 3rd 2024 – Jan 31st 2024
Silver Ranking Event
Entry Fee: €45

Tournament Details

Team Ireland Ranking points will be awarded to General Memberships holders only
Ranking points will be awarded based on a players scratch score
Ranking points will be awarded based on a players qualifying position
In the event of a re-entry ranking points will be awarded based on a players highest qualifying position

How to Enter

Please contact Alsa Bowl to enter this tournament

Format:

Qualifying:

Bowlers will play 5 games (1 game on each pair)

Tournament Terms and Conditions

- a. The Tournament Committee reserves the right to reschedule, to ensure the smooth running of the tournament.
- b. It is your responsibility to check your squad and registration times.
- c. Late entries will be wait-listed; bowlers will be allocated places in squads as they become available, if (i) required to lead to even numbers for a squad (ii) lane availability permits or (iii) in the event of cancellation.
- d. To play in tournament each entrant must wear a bowling shirt with their name clearly printed or embroidered on the back.
- e. It is the responsibility of each entrant to ensure that the information given on the Entry Form is correct. Where incorrect information is submitted, the individual and, where applicable, the team concerned, will be liable to disqualification from any event affected.
- f. Individuals who find that they cannot play at their scheduled time are expected to notify the Tournament Committee to avoid the potential of disciplinary action.
- g. Following current government guidelines with regards to covid 19' if covid signs or symptoms please don't attend.

Registration: It is your responsibility to register on time. Registration for each squad will commence 30 minutes prior to the scheduled starting time and will close 10 minutes prior to the scheduled starting time. Bowlers will not be permitted to register or play after the closing time.

Rules: The General Playing Rules of the ITBA will apply, in addition to the following rules:

- a. Tied positions - will be decided by the highest last game.

- b. To comply with World Bowling / Sport Ireland antidoping rules, competitors will not be permitted to smoke or consume alcohol during competition. Failure to comply with this rule may result in disqualification.
- c. Protests must be submitted in writing to the Tournament Committee within 30 minutes after the completion of the game in which the infraction occurred. The Tournament Committee's decisions on all matters will be final.
- d. Bowlers must comply with the Team Ireland dress code – please refer to the selection process and eligibility criteria document 2023/2024
- e. The Tournament Committee will permit no unreasonable delay in the progress of any game. Should a competitor refuse to proceed with a shot/game after being directed to do so, that game will be forfeited.
- f. All bowlers/Captain must sign the official score sheets on completion of each squad; unsigned score sheets may result in the loss of these scores.
- g. It is the bowlers' responsibility to ensure that their bowling balls conform to the ITBA specifications for weight, balance and hardness.
- h. It is prohibited to use chemicals, solvents or other methods to change the hardness of the ball surface after it is manufactured.
- i. The use of abrasive materials (including sandpaper and scuff pads) or other substances to alter the surface of the ball, is allowed up until the end of practice.
- j. The use of talcum powder, open rosin bags/grips sacs, or similar substances, presents a serious hazard and will not be permitted in the bowling area, on approaches / shoes.
- k. Any individual whose conduct is considered to be derogatory or not to be in the best interest of the sport, on or off the lanes, during the entire period of the Championships may be disqualified from the tournament and will be reported to the National Governing Body.
- l. The consumption of food or drink will not be permitted in the bowlers' area.
- m. Mobile phones must be turned on silent during squads and coaching in the bowlers' area. Failure to comply may result in disqualification.
- n. Decisions made by the Joint Tournament Managers during the Championships will be binding on all parties.

ANTI-DOPING

In Article 11 of the ITBA Constitution, we have adopted the Sport Ireland Anti-Doping rules. The ITBA – www.tenpinbowling.ie , International Bowling Federation (IBF) – www.bowling.sport and Sport Ireland www.sportireland.ie are all committed to providing a clean sport and a stage upon where athletes can compete in fairness. The use of doping substances or doping methods to enhance performance is fundamentally wrong and is detrimental to the overall impact of bowling. Drug misuse can be harmful to an athlete's health and also indirectly impact other athletes competing in bowling. To ensure integrity of the sport of bowling, the ITBA is fully signed-up to IBF and Sport Ireland's National Programme and will enforce the World Anti-Doping Code developed by the World Anti-Doping Agency (WADA) - www.wada-ama.org/en.

WHAT IS DOPING:

Doping is defined as the occurrence of one or more of the following anti-doping rule violations:

- Presence of a prohibited substance (such as steroids, stimulants, hormones, diuretics or narcotics) in an athlete's sample.
- Possession, trafficking, use or attempted use of a prohibited substance or method (such as blood transfusions or gene doping).
- Refusing to submit to sample collection.
- Failure to file whereabouts information and missed tests.
- Tampering with any part of the doping control process.
- Administering or attempting to administer a prohibited substance or method to an athlete.

AS AN ATHLETE, WHAT DO YOU NEED TO KNOW ABOUT DOPING?

Any athlete may be tested in- and out-of-competition at anytime, anywhere and with no advance notice. The principle of strict liability applies in anti-doping – if it is in the athlete's body, the athlete is responsible for it.

Athletes' responsibilities include (but are not limited to):

- complying with the Sport Ireland's Anti-Doping Rules in line with the World Anti-Doping Code;
- being available for sample collection (urine or blood), whether in-competition or out-of-competition;
- ensuring that no prohibited substance enters his body and that no prohibited method is used;
- making sure that any treatment is not prohibited according to the Prohibited List in force and checking this with the prescribing physicians, or directly with the Sport Ireland if necessary;
- applying to the Sport Ireland if no alternative permitted treatment is possible and a Therapeutic Use Exemption (TUE) is required (see the Sport Ireland TUE application process)

Every athlete needs to take into account the list of prohibited substances and know what are his/her rights and responsibilities under the World Anti-Doping Code and the IF anti-doping rules. Athletes should know that, under the Code, they are strictly liable whenever a prohibited substance is found in their body. This means that a violation occurs whether or not the athlete intentionally, knowingly or unknowingly, used a prohibited substance or was negligent or otherwise at fault.

The World Anti-Doping Code (Code) is the core document that provides the framework for harmonized antidoping policies, rules and regulations within sport organizations and among public authorities. It works in conjunction with five International Standards aimed at bringing harmonization among anti-doping organisations in various areas: testing, laboratories, Therapeutic Use Exemptions (TUEs), protection of privacy and personal information, and the List of Prohibited Substances and Methods. The Code and the Standards are mandatory documents for WADA's stakeholders. These documents are supported by non-mandatory guidelines.

The Sport Ireland 2022 newly introduced Anti-Doping Digital Wallet Card can be found on our website. In the Anti-Doping Update for the AGM 2023, the ITBA Anti-Doping Officer again stressed:

"It is imperative that all bowlers familiarise themselves with its contents. The Digital Wallet Card is designed as a brief overview and a lot more information on all aspects of Anti-Doping can be found on the Sport Ireland website – www.sportireland.ie/antidoping." This includes links to "Report Doping" (link also on ITBA website), "Supplement Policy" and "Check your Medication" link to www.eirpharm.com if in any doubt about any medication you are taking. If your medication is prohibited and no alternative permitted treatment can be used, the Digital Wallet Card also spells out how to apply for a TUE (Therapeutic-Use-Exemption)."

The Sport Ireland "REPORT DOPING" intelligence programme is a vital part of the Anti-Doping programme and seeks to collect any information that will assist in the detection, deterrence, enforcement or prevention of an Anti-Doping Rule Violation (ADRV). ADRVs include use and attempted use of prohibited substances in sport, but also extend to administration of a prohibited substance, possession, and trafficking in prohibited substances. Those who are most at risk of an ADRV are competitive athletes and support personnel (including Coaches) involved with competitive athletes. In the Anti-Doping Update for the AGM 2023, the ITBA Anti-Doping Officer highlighted:

I would particularly remind bowlers participating in European Bowling Federation (EBF) or International Bowling Federation (IBF) events that before the travel they should check that any medication being taken is not on the Prohibited List as published by WADA – see www.wada-ama.org/en."

An "Athlete Support Person" who participates as coach, trainer, manager, team staff, official, medical or paramedical personnel in a Competition or activity authorised or organised by the IBF or EBF or one of its member organisations (including the ITBA) agrees to be bound by:

- (i) anti-doping rules including complying with drug testing requests and
- (ii) anti-doping organisation results management authority in conformity with the Code as a condition of such participation.

In summary, bowlers (and "Athlete Support Persons") should remember, that under the Code, they are strictly liable whenever a prohibited substance is found in their body. This means that a violation occurs, whether or not a bowler intentionally, knowingly or unknowingly, used a prohibited substance or was negligent or otherwise at fault.

So, let's continue to be fully aware of our responsibilities and let's continue to keep Irish Tenpin Bowling drug free.