

## OLYMPIC EFFORT



- The governing body for bowling, World Bowling, is working hard to facilitate bowling as a short-listed sport for the 2020 Olympic Games.
- Currently, bowling is already a medal sport in the Asian Games, Pan American Games, South American Games, Southeast Asian Games, Asian Indoor and Martial Arts Games as well as the World Games.
- Bowling was an official demonstration sport in the 1988 Olympic Games with 20 nations competing.
- "... World Bowling will continue in its efforts to constantly make improvements to our sport, so that our sport prospers, and might be recognized for inclusion into future Olympic Games."
- With over 200 million people playing Tenpin Bowling worldwide and 4 million competitors, it is one of the largest participation sports in the world.

Kevin Dornberger, President,  
World Bowling, 3rd March 2015

## BOWLING CAN HELP PAY FOR UNIVERSITY!

Nearly 200 colleges and universities in the UNITED STATES offer athletic scholarships for bowling. Participation in the ITBA National Development Programme could ultimately be an investment in your child's future education.

"Since getting the opportunity to go to the United States on a bowling scholarship, I have never looked back. It has changed my life for the better, getting a quality education while getting to play the sport that I love, what more can somebody ask for. Getting an education away from home has opened so many doors for me as I will be able to get employment on both sides of the water and would advise anyone who is thinking about doing it to make the leap and commit to it. The long road trips with a group of players who become another family to me is amazing. I met some of the greatest people and made lifelong friendships. The memories, experiences both good and bad will last a life time. There are few feelings that feel better to a bowler than when the team are all behind you willing you to strike to win the match or title."

CONAN MACKEY  
University:  
WILLIAM PENN UNIVERSITY, USA.  
Hometown:  
BRAY, IRELAND



## IRISH TENPIN BOWLING ASSOCIATION



## BUILDING THE FUTURE OF BOWLING IN IRELAND

**BOWLING OPPORTUNITIES**  
with the



Supported by



## NDP HIGHLIGHTS

The Irish Tenpin Bowling Association National Development Programme (NDP) is designed to provide bowlers with the opportunity to improve their skills and enjoy the sport of bowling. In addition, the NDP is designed to prepare bowlers to represent their country, in the future, in international competition such as the European and World Championships.

- **DEVELOPMENTAL LEVELS**

The program is structured in developmental levels U12, U16, Youth, Adult and Senior with 24 modules in each.

- **TRAINING INCLUDES**

1. Physical Game
2. Bowling Skills and Knowledge
3. Equipment
4. Mental Game
5. Lifestyle (Fitness and Nutrition)

- **COACHING**

The ITBA, with the support of the Irish Sports Council and Coaching Ireland, have put in place a structured coaching programme, designed to support our Coaches in delivering international "best practice" to bowlers at all Development and Skill levels.

- **MONITORING AND RECOGNITION**

Progress is monitored throughout the NDP using an active 'Bowlers Passport' to ensure development continuity, module completion and assessment. Formal recognition of NDP

Level progression is supported by Certification and Awards.



### Message from John Treacy, CEO, Irish Sports Council

"The need to continue developing opportunities for young people to be involved in sport and physical activity cannot be over emphasised. The benefits of junior sport participation are many and varied, not least of which are health and fitness and values such as team spirit and strength of character are practiced and promoted. The Irish Tenpin Bowling Association initiatives aimed at junior participation are vital for encouraging lifelong participation in sport."



In each of the past two years, 30 Proprietors in centres around the country hosted the **Bowling for All Schools Week**, attracting over 19,300 children to experience our sport. Over 300 National and Secondary Schools participated and we will continue to enhance and expand this initiative in future years.

No matter what age you are (5 - 95), Tenpin Bowling offers you a healthy, social and lifetime sporting activity 365 days a year.

**Tenpin Bowling – truly a sport for life**

## BOWLER ACHIEVEMENTS

ITBA bowlers, at all levels, have enjoyed much success at European and International level. Recent achievements include:

**AIDAN BYRNE** (Youth) won the Youth Euro Trophy (YET) Tour in France in 2014.

**AMANDA LARKIN** (Youth) won the 2013 Youth Euro Trophy (YET) Tour in Reims, France and the 2013 European Youth Championships Girls Singles Gold in Vienna, Austria.

**CHRISTOPHER SLOAN** (Youth) won the 5th Dubai International Youth Open in 2014.

**YVONNE RANDELL** (Senior) won the Ladies Singles Gold at the 2014 European Seniors Bowling Championships (ESBC) in Finland.

### ANNUAL NATIONAL CHAMPIONSHIPS

50th Anniversary National Championships 2015 winners, Amanda Larkin and Paul Stott Jnr, will represent Ireland at the European Champions Cup, in San Marino in Oct 2015.

In addition, we also marked Paddy Gibbons participation in all of the 50 Annual National Championships dating back to 1966.

Why not get involved  
in a League or a  
Junior Saturday Club  
near you today

### NDP CONTACT DETAILS

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