

Dear Sir/Madam,

My name is Anne King and I am the Volunteer Manager with Lakers- *Meeting Special Needs*.

Lakers Social & Recreational Club is a community-based sports, social and recreation club for children and adults with an intellectual disability. In Lakers we passionately believe that each member is unique, has their own abilities and is entitled to the opportunity for a better future. Our members develop their skills and abilities through a range of activities such as sport, drama, arts & crafts, cookery and much more. The teamwork and inter-action with other people in these activities promotes the development of social skills, growth in self-confidence and self-esteem. Lakers offers over 30 activities to 350 members.

We have a bowling class every Tuesday from 6.15-7.45pm in Bray Bowl, Bray, Co.Wicklow. We have 30 members who take part in our bowling class and are looking for both coaches and assistant coaches to support our members. We currently have a head coach and 2 assistant coaches.

If you would be interested in volunteering please contact Anne King on 01-2022694 or email anne.king@lakers.ie. Visit www.braylakers.ie for more information. As a new volunteer, you will be interviewed by the Volunteer Manager and you will be supported by the staff and management team.