



Coronavirus
COVID-19
Public Health
Advice

COVID-19 ADVICE



- All participants should be advised to stay home if they feel unwell, and to consult their GP.
- Prior to commencing sport or physical activity, all participants should self-assess against the symptoms of COVID-19.
- If a participant becomes unwell during the activity, they should be isolated from other participants, return home as soon as possible, and contact their GP for further guidance.
- Ideally the designated COVID-19 Officer, staff member or volunteer should take charge of the management of any persons with COVID-19 symptoms.
- The designated person managing the situation should try to maintain at least 2 metres from the person with symptoms and should wear a face covering and wash their hands regularly.
- Immediately separate the person displaying or complaining of COVID-19 related symptoms from others. They should be asked to proceed to the isolation area if one has been previously identified and provided.
- Ask this person to wear a face covering if possible or if available provide them with a facemask.
- Provide the unwell person with tissues and hand sanitizer and ensure that all tissues are disposed of in a waste bag that can be tied and marked as separate from other waste.
- If they are well enough to go home, arrange for them to be transported home by a family member, as soon as possible and advise them to inform their GP by phone of their symptoms.
- If they are too unwell to go home or advice is required, contact 999 or 112 and inform them that the unwell person is a suspected COVID-19 case.
- Bowlers who test positive or have symptoms of COVID 19 should not return to play until they have passed the incubation period and once symptoms are gone.

ITBA Sub-Committee: _____

COVID-19 Officer: _____